

Name: _____ Date: _____

Fertility - Part 1a

Instructions: There are eleven (11) pages of 'Fill-In' pdf forms. Please provide as much information as possible - this is your opportunity to tell me what has been occurring in the past, your current condition as well as concerns you have for your fu-ture should this condition continue.

Name your Primary Complaint: Inability to conceive Miscarriage Repeat miscarriage(s)
 Painful Intercourse Low libido/arousal Poly-pregnancy Other _____

Indicate all abnormalities or exacerbated conditions that occur simultaneously with your Primary Complaint:

- | | | | | | |
|-------------------------------------|-------------------------------------|---|---|---|--|
| <input type="checkbox"/> Balance | <input type="checkbox"/> Appetite | <input type="checkbox"/> Blood pressure | <input type="checkbox"/> Energy | <input type="checkbox"/> Addiction | <input type="checkbox"/> Fertility |
| <input type="checkbox"/> Hearing | <input type="checkbox"/> Defecation | <input type="checkbox"/> Arrythmias | <input type="checkbox"/> Libido | <input type="checkbox"/> Attitude change | <input type="checkbox"/> Pain (physical) |
| <input type="checkbox"/> Smell | <input type="checkbox"/> Digestion | <input type="checkbox"/> Angina | <input type="checkbox"/> Menses | <input type="checkbox"/> Behavior change | <input type="checkbox"/> Twitching-Tics |
| <input type="checkbox"/> Speech | <input type="checkbox"/> Thirst | <input type="checkbox"/> Breathing | <input type="checkbox"/> Vaginal fluids | <input type="checkbox"/> Cravings | <input type="checkbox"/> Hiccups |
| <input type="checkbox"/> Swallowing | <input type="checkbox"/> Urination | <input type="checkbox"/> Skin | <input type="checkbox"/> Semen flow | <input type="checkbox"/> Emotions | <input type="checkbox"/> Self Esteem |
| <input type="checkbox"/> Taste | <input type="checkbox"/> Bleeding | <input type="checkbox"/> Hair | <input type="checkbox"/> Sleep | <input type="checkbox"/> Mental function | <input type="checkbox"/> Self Image |
| <input type="checkbox"/> Touch | <input type="checkbox"/> Mucus flow | <input type="checkbox"/> Nails | <input type="checkbox"/> Excess naps | <input type="checkbox"/> Memory | <input type="checkbox"/> Motivation |
| <input type="checkbox"/> Vision | <input type="checkbox"/> Swelling | | | <input type="checkbox"/> Pain (from emotions) | |

Is this your first time seeking treatment for the primary complaint? Yes No, I have sought _____ prior.
No. of times

When did the primary complaint become disruptive to your ADL, caused significant impairment or prompted treatment?

_____ *How many days, weeks, months or years ago or the date.*

When did the primary complaint or associated symptoms begin before the condition became disruptive to your Activities of Daily Living or caused significant impairment?

_____ *Indicate the number of days, weeks, months or years or the date.*

How frequently does the primary complaint or associated symptoms interfere with Activities of Daily Living?

_____ *Indicate number of minutes, hours in a day or number of days/weeks*

What do you think is the origin or cause of the primary complaint? _____

What provides relief to the primary complaint? _____

Please answer the following:

- | | | |
|--|-----------------------------|---|
| Are you willing to have blood tests? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Does excess weight caused pain? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Has excess weight damaged joints? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Does a sibling have this weight issue? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Does a parent have this weight issue? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Are you lactose intolerant? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Are you gluteomorphin reactive? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Are you caseomorphin reactive? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Do you have a food allergy? | <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> Unknown |
| Are you on prescription medication? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Are you taking OTC medicines? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Are you taking illicit drugs? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Are you taking herbs? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you smoke tobacco? | <input type="checkbox"/> No | <input type="checkbox"/> Yse |

If you need to include more information, write it in a MSWord documents and title it with your name and Primary Complaint.

Example: John_Doe_Fertility Part 1a

Van Harding L.Ac.

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Name: _____ Date: _____

FERTILITY - Part 1b

1. RACE (You)

- Caucasian Hispanic
 Asian African American
 Other (_____)

Significant Other

- Caucasian Hispanic
 Asian African American
 Other (_____)

2. ETHNICITY

- Ashkenazi Jew Southeastern Asian
 Greek/Italian

- Ashkenazi Jew Southeastern Asian
 Greek/Italian

3. PREGNANCY HISTORY

Times pregnant _____ Term births _____ Premature births _____ Miscarriages _____ Elective abortion _____ Adopted children _____

Date	Miscarriage	Elective Abortion	Ectopic	Months to conceive?	Infertility Treatment	Weight and Sex?	C-section?	Complications?	Is current Partner the father?
1.									
2.									
3.									
4.									

4. CONTRACEPTIVE USE

Type	From when to when	Reason discontinued
1.		
2.		
3.		

5. OPERATIONS AND HOSPITALIZATIONS

Date	Diagnosis	Operation	Where	Physician
1.				
2.				
3.				

6. MEDICATIONS *List all prescriptions and over-the-counter drugs used during the past year*

Date	Dose and Frequency	From when to when	Reason
1.			
2.			
3.			

7. ALLERGIES

Drug or substance	When	Reaction
1.		
2.		

8. MENSTRUAL/HORMONAL

Height _____ Weight _____ Blood Type (if known) _____
Age at first period Date of last two menstrual periods ____/____/____ and ____/____/____
Are your periods regular? yes no Do you bleed between periods? yes no
How many days from onset to onset? What is the usual duration of your periods?days
Premenstrual symptoms occur: almost always rarely never
Vigorous exercise: type hrs/week type hrs/week.....
If you have a hormonal disorder, please specify type and treatment:
Last pap smear ____/____/____ Last mammogram ____/____/____

Pelvic pain/cramps: none during menses before menses after menses at midcycle
 during intercourse with bowel movements with urination cause you to miss work cause you to miss usual activities

Pelvic pain/cramps are: mild moderate severe
 worsening improving no change in midline on right side on left side

Frequency of intercourse _____

Do you have or have you had? (Check all that apply).

- | | | |
|--|--|--|
| <input type="checkbox"/> Hot flushes | <input type="checkbox"/> Increased facial or body hair | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Breast discharge | <input type="checkbox"/> Increased acne | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Visual disturbance | <input type="checkbox"/> Weight increase > 10 pounds | <input type="checkbox"/> Thyroid disorder |
| <input type="checkbox"/> Poor sense of smell | <input type="checkbox"/> Weight loss > 10 pounds | <input type="checkbox"/> Autoimmune disease |
| <input type="checkbox"/> Chronic headache | <input type="checkbox"/> Special dietary habits | <input type="checkbox"/> Extraordinary stress |
| <input type="checkbox"/> Head trauma | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Psychiatric treatment |

Please explain a "Yes" answer: _____

9. GYNECOLOGIC / INFECTION

Do you have or have you had?

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Pelvic infection | <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Ovarian cysts |
| <input type="checkbox"/> Chlamydia | <input type="checkbox"/> Colitis or enteritis | <input type="checkbox"/> Syphilis | <input type="checkbox"/> Toxoplasmosis |
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Uterine fibroids or myomas | <input type="checkbox"/> Mycoplasma | <input type="checkbox"/> Cytomegalovirus (CMV) |
| <input type="checkbox"/> Pelvic adhesions | <input type="checkbox"/> Abnormal uterus shape | <input type="checkbox"/> Ureaplasma | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cervicitis | <input type="checkbox"/> Recurrent vaginitis | <input type="checkbox"/> Genital warts / condyloma | <input type="checkbox"/> Trichomonas |
| <input type="checkbox"/> Genital herpes | <input type="checkbox"/> Abnormal Pap smears | <input type="checkbox"/> Cryo (freezing) or surgery of the cervix | |

10. OTHER HISTORY

Your occupation: Spouse's occupation:

Cigarettes - packs smoked per day:.....

Alcohol - type and number per week:.....

Marijuana - amount:

Other drugs - type and amount:

Caffeine drinks per day:

Video display terminal hours / day:.....

Electric blanket use: yes no Toxic exposure: yes no

Ever used intravenous drugs? yes no Hot tub or sauna use: yes no

Radiation exposure: yes no

11. MEDICAL ILLNESSES

Do you have or have you had?

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Asthma | <input type="checkbox"/> Kidney disorder | <input type="checkbox"/> Psychiatric disorder |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Rubella | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Anesthetic complication | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Mumps | <input type="checkbox"/> Blood clots |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Hepatitis / liver disorder | <input type="checkbox"/> Chicken pox | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Rheumatic fever | <input type="checkbox"/> Gall bladder problems | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Bleeding disorder |
| <input type="checkbox"/> Scarlet fever | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Serious injury / accident | <input type="checkbox"/> Thyroid disorder |
| <input type="checkbox"/> Mitral valve prolapse | <input type="checkbox"/> Colitis / enteritis | <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> Recent immunization |
| <input type="checkbox"/> Heart murmur | | | |

Please explain a "Yes" answer to any of the above:.....

12. FAMILY HISTORY

	Living?	Age or age at death	Health Problems
Mother	:	:	:
Father	:	:	:
Sister(s)	:	:	:
	:	:	:
	:	:	:
Brother(s):	:	:	:
	:	:	:
	:	:	:
Daughter(s)	:	:	:
	:	:	:
Son(s)	:	:	:
	:	:	:

- Which of your blood relatives have?
- Cancer
 - Venous Thrombosis (blood clotting).....
 - Diabetes
 - Hypertension
 - High Cholesterol
 - Heart disease
 - Stroke
 - Premature menopause
 - Endometriosis
 - Uterine fibroids (myomas)

13. GENETIC HISTORY

Do you, your partner, or anyone in either family have? Any inherited disorders?

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Neural tube defects/spina bifida/anencephaly | <input type="checkbox"/> Cystic fibrosis | <input type="checkbox"/> Tay-Sachs disease | <input type="checkbox"/> Chromosomal disorder |
| <input type="checkbox"/> Thalassaemia | <input type="checkbox"/> Muscular dystrophy | <input type="checkbox"/> Sickle cell disease or trait | <input type="checkbox"/> Genetic / inherited disorder |
| <input type="checkbox"/> Down syndrome | <input type="checkbox"/> Huntington chorea | <input type="checkbox"/> Hemophilia | <input type="checkbox"/> Baby with birth defects |
| | <input type="checkbox"/> Mental retardation / fragileX | <input type="checkbox"/> Hormonal disorder | <input type="checkbox"/> Infertility |

Please explain a "Yes" answer to any of the above:.....

14. SYSTEMIC REVIEW

Headaches: Number per week _____ Medication used _____

- | | | |
|---|--|------------------------------------|
| <input type="checkbox"/> mild | <input type="checkbox"/> moderate | <input type="checkbox"/> severe |
| <input type="checkbox"/> improving | <input type="checkbox"/> worsening | <input type="checkbox"/> no change |
| <input type="checkbox"/> with visual symptoms | <input type="checkbox"/> with vomiting | |
| <input type="checkbox"/> stress related | <input type="checkbox"/> migraines | |

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Wear glasses | <input type="checkbox"/> Bladder/kidney infections | <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Acne |
| <input type="checkbox"/> Wear contact lenses | <input type="checkbox"/> Urgent / frequent / painful urination | <input type="checkbox"/> Nausea and vomiting | <input type="checkbox"/> Skin disorder |
| <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Blood / abnormal color of urine | <input type="checkbox"/> Vomiting blood | <input type="checkbox"/> Rash |
| <input type="checkbox"/> Hayfever | <input type="checkbox"/> Unable to control urination | <input type="checkbox"/> Ulcer | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Abnormal urinary tract | <input type="checkbox"/> Food intolerance | <input type="checkbox"/> Skin cancer |
| <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Kidney x-ray | <input type="checkbox"/> Gallstones | |
| <input type="checkbox"/> Denture / bridges | <input type="checkbox"/> Bladder cystoscopy | <input type="checkbox"/> Jaundice / hepatitis | <input type="checkbox"/> Counseling |
| | | <input type="checkbox"/> Chronic constipation | <input type="checkbox"/> Recent stress increase |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Recent anxiety increase |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Easy bruising | <input type="checkbox"/> Blood in bowel movement | |
| <input type="checkbox"/> Irregular heart beat | <input type="checkbox"/> Prolonged bleeding | <input type="checkbox"/> Irritable bowel | <input type="checkbox"/> Sensation loss / numbness |
| <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Bleeding from gums | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Muscle control / weakness |
| <input type="checkbox"/> Leg swelling | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Hernia | <input type="checkbox"/> Heat or cold intolerance |
| <input type="checkbox"/> Calf pain | <input type="checkbox"/> Take aspirin/ibuprofen frequently | <input type="checkbox"/> Abnormal liver test | <input type="checkbox"/> Damp skin |
| <input type="checkbox"/> Blood clots (venous thromboembolism) | | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Unusual hair loss |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Breast mass | <input type="checkbox"/> Back pain | <input type="checkbox"/> Extraordinary fatigue |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Fibrocystic changes | | |
| <input type="checkbox"/> Wheezing | <input type="checkbox"/> Breast implants | | |
| <input type="checkbox"/> Cough up blood | <input type="checkbox"/> Mammogram | | |
| <input type="checkbox"/> Chest x-ray | <input type="checkbox"/> Do monthly breast self-exam | | |
| <input type="checkbox"/> TB skin test | | | |

OTHER: _____

15. MALE HISTORY:

- | | |
|--|--|
| <input type="checkbox"/> Medications: | <input type="checkbox"/> Reproductive surgery: |
| <input type="checkbox"/> Illnesses: | <input type="checkbox"/> STDs: |
| <input type="checkbox"/> Mumps: | <input type="checkbox"/> Testicular trauma: |
| <input type="checkbox"/> Smoker: | <input type="checkbox"/> Impotence: |
| <input type="checkbox"/> Alcohol: | <input type="checkbox"/> Allergies: _____ |
| <input type="checkbox"/> Ejaculatory Disorder: | _____ |

Have you seen a urologist for infertility? Yes No
 If yes: Physician name and location

Have you ever fathered a child/pregnancy with another woman? Yes No
 If yes, when? years ago

Have you ever been diagnosed with an infertility diagnosis except for currently? Yes No
 If yes, when? years ago

Comments: _____

16. HISTORY OF FERTILITY THERAPY (Fill out, if applicable).

Have you been treated for infertility previously? yes no
 If yes, who was your physician?

What cause of infertility was diagnosed?

What drugs have you taken for infertility? Please check all that apply:

- | | | |
|---|---|--|
| <input type="checkbox"/> Clomid (Serophene) | <input type="checkbox"/> hCG Profasi | <input type="checkbox"/> Antibiotics |
| <input type="checkbox"/> Gonal F | <input type="checkbox"/> Progesterone | <input type="checkbox"/> Baby aspirin |
| <input type="checkbox"/> Follistim | <input type="checkbox"/> Lupron | <input type="checkbox"/> Heparin |
| <input type="checkbox"/> Repronex | <input type="checkbox"/> Microdose Lupron | <input type="checkbox"/> Steroids |
| <input type="checkbox"/> Pergonal | <input type="checkbox"/> Antagon | <input type="checkbox"/> Oral Contraceptives |
| <input type="checkbox"/> Fertinex | <input type="checkbox"/> Parlodel | <input type="checkbox"/> Other |

Which of the following tests have you or your partner had performed? Please check all that apply and results, if known:

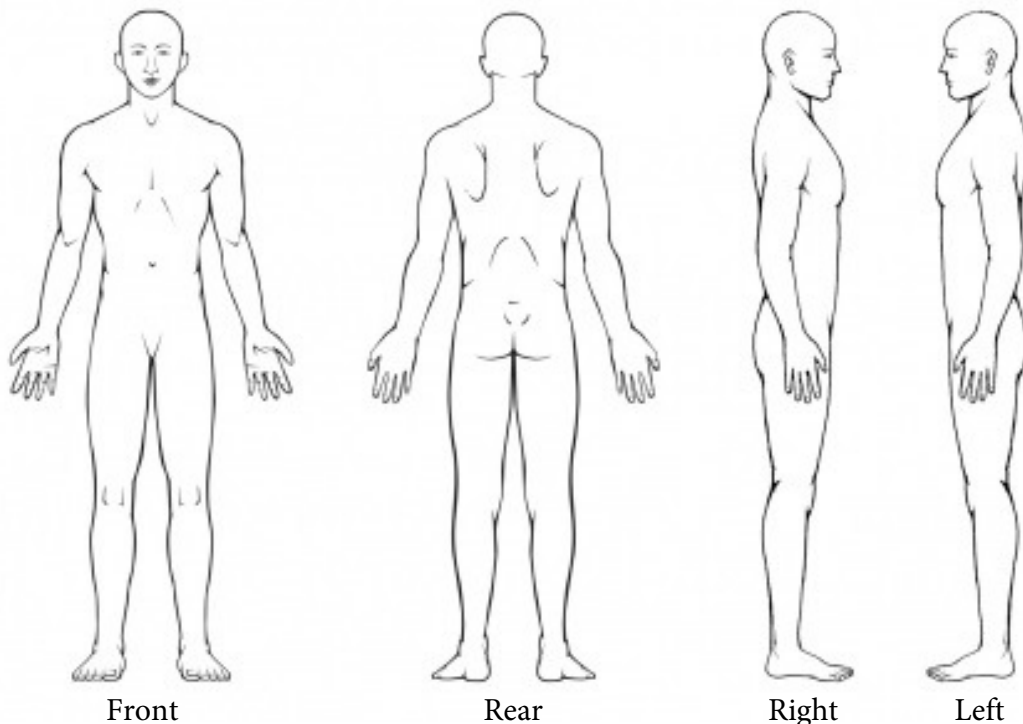
- | | | |
|--|------------------|---------------|
| <input type="checkbox"/> BBT | When ___/___/___ | Results |
| <input type="checkbox"/> Postcoital Test | When ___/___/___ | Results |
| <input type="checkbox"/> Hormonal Assays (FSH, LH, Prolactin, Estradiol, DHEA-S, Testosterone, Progesterone) | When ___/___/___ | Results |
| <input type="checkbox"/> Endometrial biopsy | When ___/___/___ | Results |
| <input type="checkbox"/> Hysterosalpingogram | When ___/___/___ | Results |
| <input type="checkbox"/> Sonohystogram | When ___/___/___ | Results |
| <input type="checkbox"/> Ultrasound | When ___/___/___ | Results |
| <input type="checkbox"/> Laparoscopy, Hysteroscopy | When ___/___/___ | Results |
| <input type="checkbox"/> Mycoplasma culture | When ___/___/___ | Results |
| <input type="checkbox"/> Chlamydia culture | When ___/___/___ | Results |
| <input type="checkbox"/> GC Culture | When ___/___/___ | Results |
| <input type="checkbox"/> Thyroid tests | When ___/___/___ | Results |
| <input type="checkbox"/> Rubella (German measles) | When ___/___/___ | Results |
| <input type="checkbox"/> Varicella (Chicken pox) | When ___/___/___ | Results |
| <input type="checkbox"/> Cytomegalovirus (CMV) | When ___/___/___ | Results |
| <input type="checkbox"/> Antibody screen | When ___/___/___ | Results |
| <input type="checkbox"/> Blood type | When ___/___/___ | Results |
| <input type="checkbox"/> Chromosomes | When ___/___/___ | Results |
| <input type="checkbox"/> Genetic screening | When ___/___/___ | Results |
| <input type="checkbox"/> Hepatitis B | When ___/___/___ | Results |
| <input type="checkbox"/> Hepatitis C | When ___/___/___ | Results |
| <input type="checkbox"/> HIV | When ___/___/___ | Results |
| <input type="checkbox"/> HTLV | When ___/___/___ | Results |
| <input type="checkbox"/> RPR (Serology) | When ___/___/___ | Results |
| <input type="checkbox"/> Semen analysis | When ___/___/___ | Results |
| <input type="checkbox"/> Antisperm antibodies | When ___/___/___ | Results |
| <input type="checkbox"/> Varicocele repair | When ___/___/___ | Results |
| <input type="checkbox"/> Testicular biopsy | When ___/___/___ | Results |
| <input type="checkbox"/> OTHER: | | |

Have you ever undergone Artificial Insemination (IUI) or In Vitro Fertilization (IVF)? yes no
 If yes, partner donor sperm

Clomid yes no Fertility Shots yes no name of medications _____
 #IUI's _____ Dates _____
 #IVF cycles _____ Dates _____

Fertility - Part 1c

Instructions: Please place a "X" on the area of Pain or Sensation.



Type of Pain or Sensation:

- Sharp
- Shooting
- Throbbing
- Burning
- Dull
- Aching
- Tingling
- Numbness
- Cramping
- Tightening
- Stiffness
- Swelling
- Heat
- Cold
- Crawling
- Itching

Quality of Primary Complaint:

- Constant
- Intermittent
- Fixed
- Moving

Trigger or Aggravated by:

- Cold
- Physical activity
- Emotional upset
- Stress
- Heat
- Moving
- Upset
- Weather

Rate your pain at it's most and least painfulness:

- 0 None
- 1 Mild - nagging, annoying, interferes little with ADLs
- 2 Mild - nagging, annoying, interferes little with ADLs
- 3 Mild - nagging, annoying, interferes little with ADLs
- 4 Moderate - Interfere's significantly with ADLs
- 5 Moderate - Interfere's significantly with ADLs & need OTC med
- 6 Moderate - Interfere's significantly with ADLs & need OTC med
- 7 Severe - Disabling, unable to perform ADLs & Need Rx med
- 8 Severe - Disabling, unable to perform ADLs & Need Rx med
- 9 Severe - Disabling, unable to perform ADLs & Need Rx med
- 10 Severe - Disabling, unable to perform ADLs & Need hospital

- Are you hands or feet too sensitive to touch? Yes No
- Does it hurt at night when bed covers touch? Yes No
- Do your symptoms worsen at night? Yes No
- Do your legs feel weak when you walk? Yes No
- Do your legs/feet hurt when you walk? Yes No
- Are your feet skin dry and crack open? Yes No
- Can your feet discern hot/cold water in tub/shower? Yes No
- Do your legs/feet experience 'asleep feeling' or loss of sensation?
Yes No
- Are you unable to sense you feet when you walk? Yes No
- Do you have sharp, stabbing or shooting pain in our feet? Yes No

What provides relief of Pain or sensation? _____

Name: _____ Date _____

Use the next four (4) pages to embellish upon the details of your PAIN and Life Experiences.

Fertility - Part 2

Instructions: The Day your Fertility Issue became disruptive to your ADL or caused significant impairment

Please include what was indicated on Part 1 along with details that you were not able to include. It is not necessary to write an essay - write your story in a list format. Keep it in chronological order starting with the morning of and write brief short statements or just a few words. Do the best you can to describe your experience and the relevance or impact.

Please identify the date. This does not have to be an exact calendar date – it can be ‘mid-November 2011’, or sometime in the summer of 2009, or it might be as specific as the morning of New Year’s Day 2012. Then describe the following:

- where you were located when you noticed the Fertility Issue (or a medical diagnosis that was given),
- how you felt and any emotional responses
- what ADL you could not do or what bodily functions were significantly impaired
- the duration of the Physical Sensation(s) and characteristics (qualities)
- anything that seemed to make it worsen or improve it
- any observations by other people of your behavior, emotions or physical condition

Date your Fertility Issue or associated symptoms became disruptive to your ADL or caused significant impairment:

Name: _____ Date _____

Fertility - Part 4

Instructions: Your Life 1 year Prior to the Earliest Date you noticed the Fertility Issue or associated symptoms cited in Part 3.

Please include what was indicated on Part 1 along with details that you were not able to include. It is not necessary to write an essay - write your story in a list format. Keep it in chronological order and write brief short statements or just a few words. Do the best you can to describe your experience and the relevance or impact.

- Reflect back 1 year prior to the earliest date when you noticed the Fertility Issue and/or associated symptoms. Please identify the date. This does not have to be an exact calendar date – it can be ‘mid-November 2011’, or sometime in the summer of 2009, or it might be as specific as the morning of New Year’s Day 2012.
- Next, list the events of your life that occurred between that earliest date of symptoms and the day your PAIN became disruptive to your ADL or caused significant impairment. These events include:
travel in or outside the USA or Canada moved your home changing jobs marriage divorce separation pregnancy miscarriage abortion death of a friend, relative or pet financial stresses legal matters child rearing problems children leaving home for college child custody illness accidents incarcerated institutionalized natural disaster crime victim domestic violence or abuse substance abuse other
- Any observations by other people of your behavior, emotions or physical condition

Date 1 year prior to the earliest recall of the Fertility Issue or associated symptoms:

Name: _____ Date _____

Fertility - Part 5

Instructions: Your Symptoms and Actions since the day your Fertility Issue or associated symptoms became disruptive to your ADL or caused significant impairment cited in Part 2.

Please include what was indicated on Part 1 along with details that you were not able to include. It is not necessary to write an essay - write your story in a list format. Keep it in chronological order and write brief short statements or just a few words. Do the best you can to describe your experience and the relevance or impact.

- Describe to best of your abilities the chronological sequences of the following starting from the Day the Fertility Issue or associated symptoms became disruptive to your ADL or caused significant impairment through to today. Include the following:
 - changes of the symptoms over time (duration, intensity, improvements, worsening, etc)
 - the actions you have employed to treat the problem via MD, ND, DO, DC, LAc, PT and other therapists as well as home remedies. Include the diagnosis, therapies, medications and natural remedies (herbs, homeopathy, nutritional) that have been used. Include any and all improvements or worsening of the problem/condition due to any of the actions you employed.
- Include the events of your life that occurred during this tme period. These events include:
travel in or outside the USA or Canada moved your home changing jobs marriage divorce separation
pregnancy miscarriage abortion death of a friend, relative or pet financial stresses legal matters
child rearing problems children leaving home for college child custody illness accidents incarcerated
institutionalized natural disaster crime victim domestic violence or abuse substance abuse other
- Any observations by other people of your behavior, emotions or physical condition

Symptoms and Actions since the Fertility Issue or associated symptoms became disruptive to ADL or causative to significant impairment.
