

# Tahoe Neuro Healing

## Van Harding L.Ac.

### **Instructions for Requesting Medical Records**

Your medical records are very important in Van's evaluation of your case. Gather as much information as possible, going as far back as possible, even if you saw a doctor only once. Diagnostic testing, including blood tests, MRI's and CAT scans, medications, treatment notes and reports are just a few examples. You may have been told that your test results were "normal" but Van may see something different in the results as his evaluation methods are far different than other practitioners.

Here are six tips to help you gather your medical records:

1. IT IS YOUR RIGHT to obtain a copy of your medical records. On the next page is a Medical Records Release Authorization form. Print out a copy for each doctor you have seen and complete each form with their information.
2. Enclose or send a copy of your driver's license, government I.D. or your passport with the Medical Records Request Authorization form.
3. It is recommended that you go into the doctor's office personally to submit the form. Have the records sent directly to you, this way you know which records have been released and which records you need to follow up on to get them released. If you have records sent directly to us, please follow up with us to make sure we have received ALL your records.
4. Often a request for records will be put on the "back burner" and forgotten. Follow up frequently with each doctor's office until they sent your records.
5. If you are having a difficult time obtaining any records, please do not hesitate to contact our office for assistance.
6. If you request the records to be sent directly to our office they must be printed hard copies or electronic documents sent by email. Given the high volume of pages within a medical record we do not accept faxes.

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